

# Confidence in HIV Treatment and Prevention

AGENDA 12.10 - 13.00 | AUGUST 24, 2023

12.10 - 12.15 **Opening & Welcome**  
Prof. Sasisopin Kiertiburanakul, MD, MHS

12.15 - 12.35 **Think Big for Today and Tomorrow**  
Prof. Sasisopin Kiertiburanakul, MD, MHS

12.35 - 12.55 **Discover the Option in HIV Prevention**  
Prof. Thana Khawcharoenporn, MD, MSc

12.55 - 13.00 **Q & A session**



**Prof. Thana Khawcharoenporn, MD, MSc**  
Faculty of Medicine, Thammasat University

## SPEAKER



**Prof. Sasisopin Kiertiburanakul, MD, MHS**  
Faculty of Medicine Ramathibodi Hospital





# Think Big for Today and Tomorrow

Prof. Sasisopin Kiertiburanakul, MD, MHS  
Department of Medicine,  
Faculty of Medicine Ramathibodi Hospital, Mahidol University

# Disclosure

- Speakers Bureau
  - Pfizer, Astellas, MSD, Janssen, AztraZeneca, GSK, DKSH, BMS, AbbVie, Meiji, Siam, Daiichi, Takeda, Sanofi, Mylan, DCH Auriga, Biopharm, BLHua, Roche, Berlin, Zuellig Pharma, Medtronic, Biogenetech, Celltrion, Novartis
- Congress Travel
  - Astellas, Pfizer, MSD, Janssen, BMS, AbbVie, Siam, Daiichi, Takeda, DKSH, AztraZeneca
- Research Grant
  - Gilead, MSD, BMS, Daiichi, Biopharm, Medicago, Atea

# Outline



Antiretroviral therapy: What to start



Characteristics of BIC and DTG



Short- and long-term data of BIC/FTC/TAF



Data on switching to BIC/FTC/TAF

# Outline



Antiretroviral therapy: What to start

# International Guidance on First-line ART

DHHS <sup>1</sup>	IAS-USA <sup>2</sup>	EACS <sup>3</sup>	WHO <sup>4</sup>
<p><i>Recommended initial regimens for most PLWH—not have a history of using CAB-LA as PrEP</i></p> <ul style="list-style-type: none"> <li>▪ BIC/TAF/FTC</li> <li>▪ DTG/ABC/3TC*</li> <li>▪ DTG + XTC + TXF</li> <li>▪ DTG/3TC†</li> </ul>	<p><i>Recommended for most PLWH</i></p> <ul style="list-style-type: none"> <li>▪ BIC/TAF/FTC</li> <li>▪ DTG + TXF/XTC</li> <li>▪ DTG/3TC‡</li> </ul>	<p><i>Recommended regimens</i></p> <ul style="list-style-type: none"> <li>▪ BIC/FTC/TAF</li> <li>▪ DTG/ABC/3TC or DTG + ABC/3TC*</li> <li>▪ DTG + XTC/TXF</li> <li>▪ RAL + XTC/TXF</li> <li>▪ DTG/3TC or DTG + XTC†</li> <li>▪ TXF/XTC + DOR or TDF/3TC/DOR</li> </ul>	<p><i>Preferred first-line regimen</i></p> <ul style="list-style-type: none"> <li>▪ DTG + XTC + TDF</li> </ul>

ABC = abacavir; BIC = bictegravir; DTG = dolutegravir; EFV = efavirenz; FTC = emtricitabine; TXF = tenofovir alafenamide (TAF) or tenofovir disoproxil fumarate (TDF); XTC = lamivudine (3TC) or emtricitabine (FTC)

\*if HLA-B\*5701 negative

†Except for individuals with baseline HIV RNA >500,000 copies/mL, with HBV, or for whom results of HIV genotypic resistance testing or HBV testing are not yet available

‡Only if HIV RNA <500 000 copies/mL and HBV coinfection not present. This regimen should not be used for rapid initiation when genotype, HIV RNA, and HBV serology results are not yet available

# Thailand National Guidelines: First-line Regimen

Standard regimen (3 drugs) (prefer single tablet regimen)	
NRTIs (backbone)	INSTIs (recommend)
<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">TAF TDF</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">3TC FTC</div> <div style="font-size: 2em; margin: 0 10px;">+</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">DTG</div> </div>	
NRTIs (alternative)	NNRTI (alternative)
<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">ABC AZT</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">3TC</div> <div style="font-size: 2em; margin: 0 10px;">+</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">EFV</div> <div style="margin: 0 10px;">OR</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">RPV</div> </div>	
Optional regimen (2 drugs)	
Regimen	Remarks
<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">DTG</div> <div style="font-size: 2em; margin: 0 10px;">+</div> <div style="border: 1px solid black; border-radius: 10px; padding: 5px; text-align: center;">3TC</div> </div>	<ul style="list-style-type: none"> <li>▪ Contraindication to TDF and TAF</li> <li>▪ Considerations if               <ul style="list-style-type: none"> <li>➢ HBsAg negative</li> <li>➢ Baseline VL &lt;500,000 copies/mL or CD4 count &gt;200 cells/mm<sup>3</sup></li> <li>➢ No 3TC resistance</li> </ul> </li> </ul>

# Thailand National Guidelines: First-line Regimen

- ยากลุ่ม integrase inhibitors ตัวอื่น เช่น BIC อาจเป็นทางเลือกตัวที่ 3 ได้



# Outline

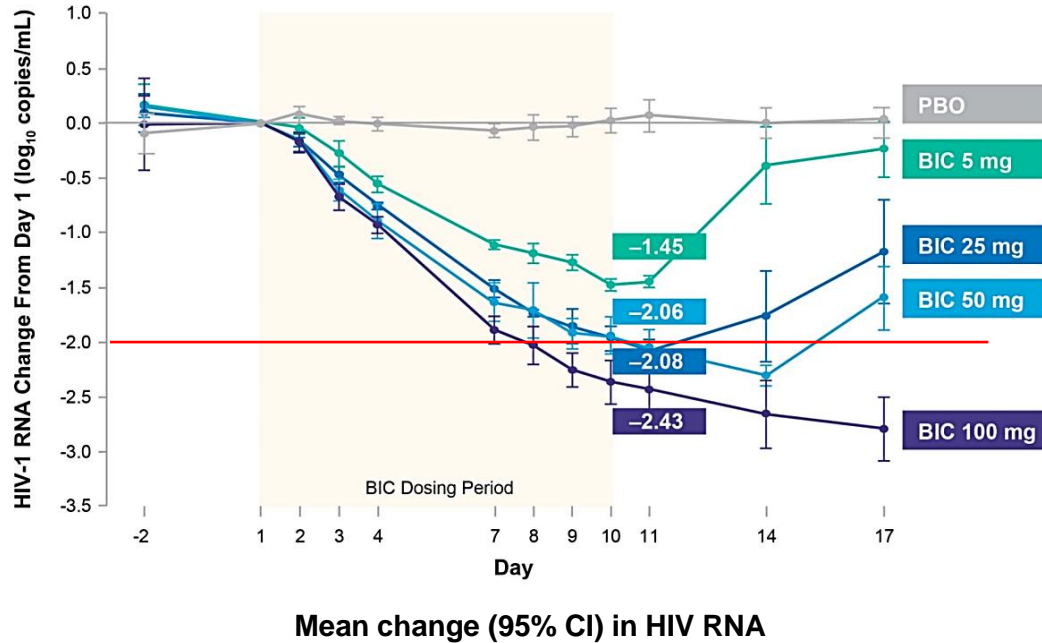


## Characteristics of BIC and DTG

# Characteristics of BIC and DTG 1

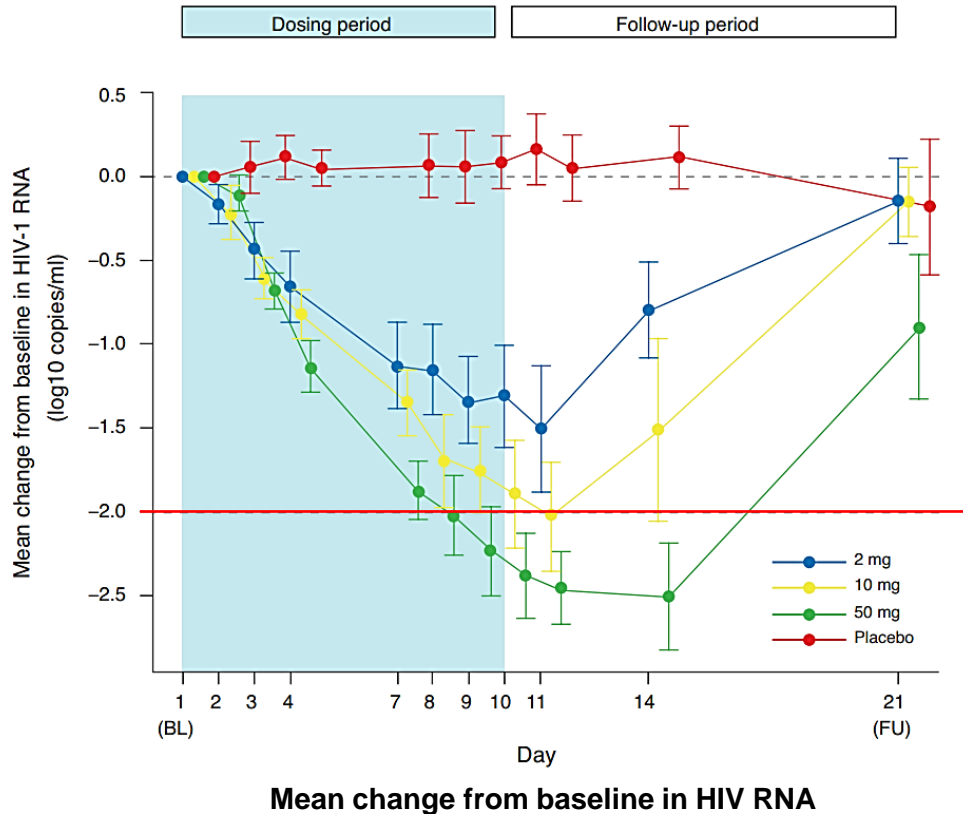
Characteristics	Bictegravir	Dolutegravir
<b>Dosing frequency</b>	Once daily	Once daily or twice daily: depends on situations
<b>STR for ART-naive patients</b>	<ul style="list-style-type: none"> <li>▪ BIC/TAF/FTC</li> </ul>	<ul style="list-style-type: none"> <li>▪ TAF/FTC/DTG</li> <li>▪ TDF/3TC/DTG</li> <li>▪ DTG/ABC/3TC</li> <li>▪ DTG/3TC</li> </ul>
<b>Virologic efficacy against EVG- or RAL-resistant HIV</b>	<i>In vitro</i> data indicate activity, but clinical trial data are not available	Yes, for some isolates; effective with DTG 50 mg twice-daily dose
<b>Adverse effects</b>	Weight gain, nausea, diarrhea, headache, insomnia; depression and suicidality are rare, occurring primarily in patients with preexisting psychiatric conditions	
	↑ CPK 4%	Hypersensitivity, hepatotoxicity, ↑ CPK, myositis

# Antiviral Activity and PK of Bictegravir



- Significant reductions in plasma HIV RNA from baseline at day 11 for all BIC doses compared with placebo ( $P < 0.001$ )
- Mean decreases 1.45-2.43  $\log_{10}$  copies/mL
- 3 of 8 receiving BIC (50 or 100 mg) achieved plasma HIV RNA  $< 50$  copies/mL by end of study (Day 17)

# Antiviral Activity and PK of Dolutegravir

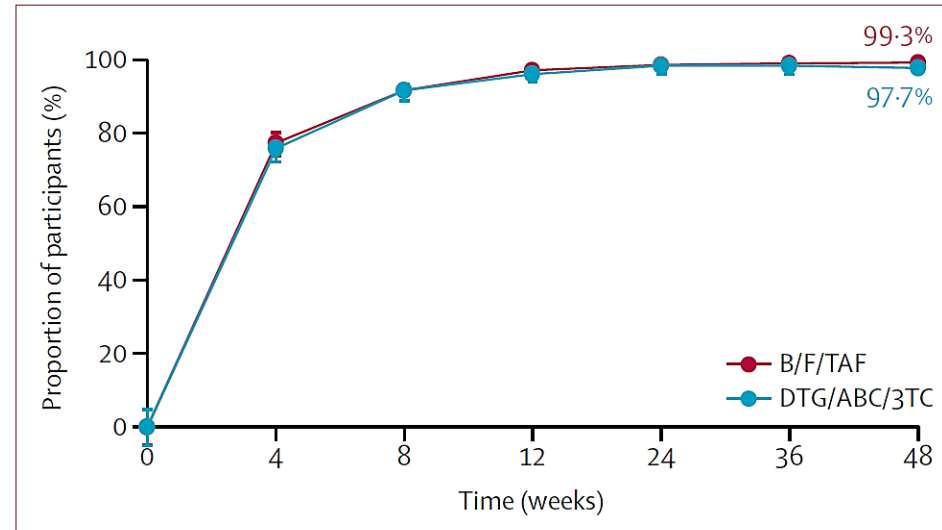


- Significant reductions in plasma HIV RNA from baseline to day 11 for all DTG dose groups compared with placebo ( $P < 0.001$ )
- Mean decrease 1.51-2.46 log<sub>10</sub> copies/mL
- 7 of 10 receiving DTG 50 mg achieved plasma HIV RNA  $< 50$  copies/mL during the study (Day 21)

# BIC/FTC/TAF vs DTG/ABC/3TC for Initial Treatment of HIV Infection

- Double-blind, multicenter, active-controlled, randomized controlled non-inferiority trial at 122 outpatient centers in 9 countries in Europe, Latin America, and North America

Regimens	Proportion of participants with HIV RNA <50 copies/mL	
	At 4 week	At 8 week
BIC/FTC/TAF	<b>77.4%</b> (243 of 314)	<b>91.7%</b> (286 of 312)
DTG/ABC/3TC	<b>75.9%</b> (243 of 314)	<b>91.6%</b> (284 of 310)



Proportion of participants with HIV RNA <50 copies/mL (missing-as-excluded analysis)

# Characteristics of BIC and DTG 2

Characteristics	Bictegravir	Dolutegravir
<b>CYP3A4 drug–drug interactions</b>	CYP3A4 substrate	CYP3A4 substrate (minor)
<b>Chelation with polyvalent cation supplements and antacids</b>	Oral absorption of all INSTIs may be reduced by polyvalent cations	
<b>Other key potential drug interaction mechanisms</b>	P-gp substrate, UGT1A1 substrate, OCT2, and MATE1 inhibitor	P-gp substrate, UGT1A1 substrate

MATE: multidrug and toxin extrusion transporter

# Drug-drug Interactions: BIC vs DTG 1

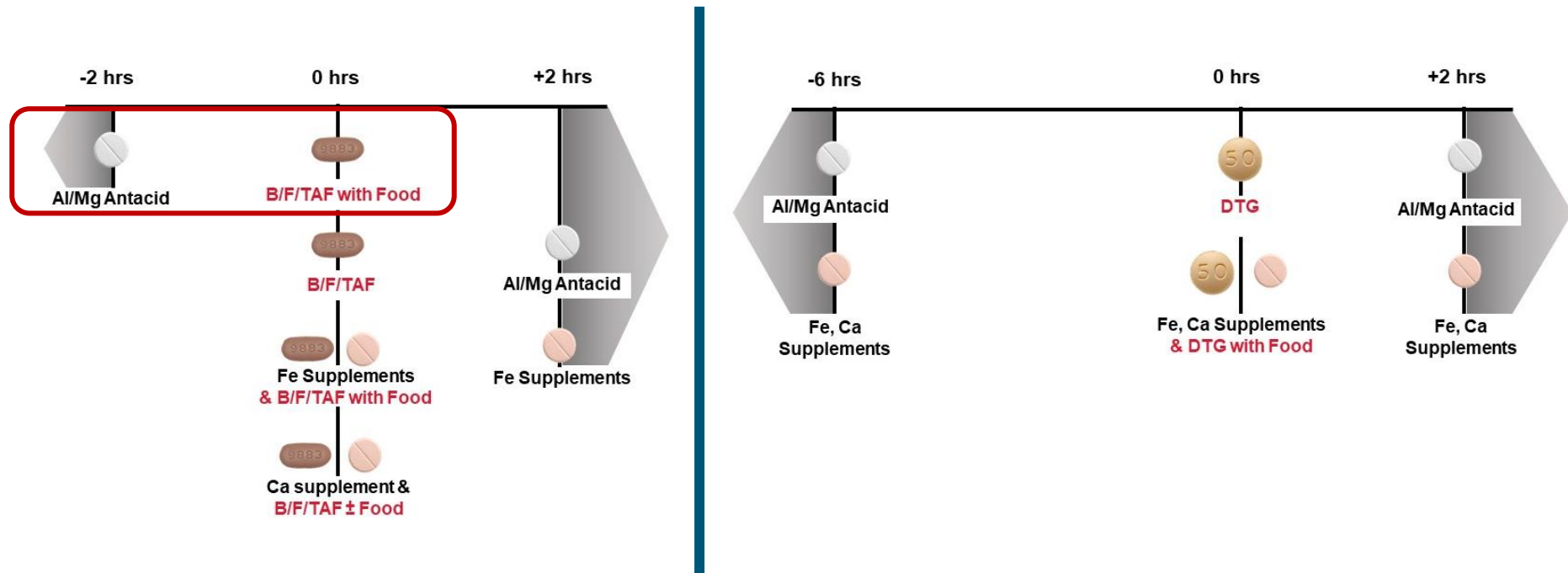
Drugs	Bictegravir		Dolutegravir	
	Effect on INSTI or concomitant drug concentrations	Dosing recommendations and clinical comments	Effect on INSTI or concomitant drug concentrations	Dosing recommendations and clinical comments
<b>Rifampicin</b>	BIC AUC ↓ 75%	<b>Contraindication</b>	DTG AUC ↑ 33% and C <sub>min</sub> ↑ 22%	Use DTG 50 mg twice daily
<b>Rifabutin</b>	BIC AUC ↓ 38% and C <sub>min</sub> ↓ 56%	<b>Do not coadminister</b>	Rifabutin 300 mg once daily ↔ DTG AUC and C <sub>min</sub> ↓ 30%	No dose adjustment needed
<b>Metformin</b>	Metformin AUC ↑ 39%	Need to monitor for adverse events of metformin	Metformin AUC ↑ 79% and C <sub>max</sub> ↑ 66%	Start metformin at the lowest dose and titrate based on glycemic control. Monitor for adverse events of metformin.
<b>Antacids</b>	<p><u>Al/Mg Hydroxide Antacid</u> ↔ BIC AUC if antacid is administered 2 hrs after BIC and under fasting conditions BIC AUC ↓ 52% if antacid is administered 2 hrs before BIC BIC AUC ↓ 47% to 79% if administered simultaneously with antacid</p> <p><u>CaCO<sub>3</sub> Antacid</u> ↔ BIC AUC if administered with food BIC AUC ↓ 33% if administered under fasting conditions</p>	<p><u>With Al/Mg Hydroxide Antacid</u> Administer antacids that contain Al/Mg at least 2 hrs after or 6 hrs before BIC</p> <p><u>With Antacids That Contain Ca</u> Administer BIC and antacids that contain Ca together with food Do not coadminister BIC simultaneously with antacids that contain Ca on an empty stomach</p>	<ul style="list-style-type: none"> <li>DTG AUC ↓ 74% if administered simultaneously with antacid</li> <li>DTG AUC ↓ 26% if administered 2 hrs before antacid</li> </ul>	Administer DTG at least 2 hrs before or at least 6 hrs after antacids that contain polyvalent cations

# Drug-drug Interactions: BIC vs DTG 2

Drugs	Bictegravir		Dolutegravir	
	Effect on INSTI or concomitant drug concentrations	Dosing recommendations and clinical comments	Effect on INSTI or concomitant drug concentrations	Dosing recommendations and clinical comments
<b>Polyvalent Cation Supplements</b>  <b>Mg, Al, Fe, Ca, Zn, including multivitamins with minerals</b>	BIC AUC ↓ 33% if administered simultaneously with Ca under fasting Conditions	<u>With Supplements That Contain Ca or Fe</u> BIC should be administered at least 2 hrs before iron supplements, or taken together with food	DTG AUC ↓ if administered simultaneously with Ca or Fe under fasting conditions	<u>With Supplements That Contain Ca or Fe</u> Administer DTG and supplements that contain Ca or Fe together with food, or administer DTG at least 2 hrs before or at least 6 hrs after supplement
	BIC AUC ↓ 63% if administered simultaneously with Fe under fasting conditions  ↔ BIC AUC if administered simultaneously with Fe or Ca and food	<u>Do not coadminister</u> BIC under fasting conditions simultaneously with, or 2 hrs after, supplements that contain Fe	↔ DTG when administered with Ca or Fe supplement simultaneously with food	<u>Do not coadminister</u> DTG under fasting conditions simultaneously with, or 2 hrs after, supplements that contain Ca or Fe



# BIC and DTG Co-administration with Antacids or Polyvalent Cations Supplement



Always refer to the SmPC full prescribing advice on DDIs

1. Modified from DHHS ART Guidelines. September 2022. 2. Triumeq EPAR Product Information (accessed 4 August 2023). 23. Biktarvy EPAR Product Information (accessed 4 August 2023)

# Drug-drug Interactions: BIC vs DTG 3

Drugs	Bictegravir		Dolutegravir	
	Effect on INSTI or concomitant drug concentrations	Dosing recommendations and clinical comments	Effect on INSTI or concomitant drug concentrations	Dosing recommendations and clinical comments
<b>Carbamazepine</b>	↓ BIC possible	<b>Do not coadminister</b>	DTG AUC ↓ 49%	Increase DTG dose to 50 mg twice daily
<b>Oxcarbazepine</b> <b>Phenobarbital</b> <b>Phenytoin</b>	↓ BIC possible	<b>Do not coadminister</b>	↓ DTG possible	<b>Do not coadminister</b>
<b>Dexamethasone</b> <b>Systemic</b>	↓ BIC possible	Consider alternative corticosteroid for long-term use or alternative ARV. If coadministration is necessary, monitor virologic response to ART.	↔ DTG expected	No dose adjustment needed
<b>Prednisone,</b> <b>Prednisolone</b> <b>Systemic</b>	↔ glucocorticoid expected	No dose adjustment needed	↔ glucocorticoid expected	No dose adjustment needed
<b>Contraceptives:</b> <b>Oral</b>	↔ ethinyl estradiol, norgestimate ↔ BIC	No dose adjustment needed	↔ ethinyl estradiol, norgestimate ↔ DTG	No dose adjustment needed

# BIC: Advantage and Disadvantage

Advantage(s)	Disadvantage(s)
<ul style="list-style-type: none"><li>▪ Coformulated with TAF/FTC</li><li>▪ Higher barrier to resistance than EVG and RAL</li><li>▪ No food requirement</li></ul>	<ul style="list-style-type: none"><li>▪ Oral absorption of BIC can be reduced by simultaneous administration with drugs or supplements containing <b>polyvalent cations</b> (e.g., Al-, Ca-, or Mg-containing antacids or supplements or multivitamin tablets with minerals)</li><li>▪ <b>Inhibits tubular secretion of Cr</b> without affecting glomerular function</li><li>▪ <b>CYP3A4 and UGT1A1 substrate</b> (but not a CYP3A4 inducer or inhibitor); potential for drug–drug interactions</li><li>▪ <b>Weight gain</b></li><li>▪ Should <b>not be used in pregnancy</b> because of lack of data for BIC</li></ul>

# DTG: Advantage and Disadvantage

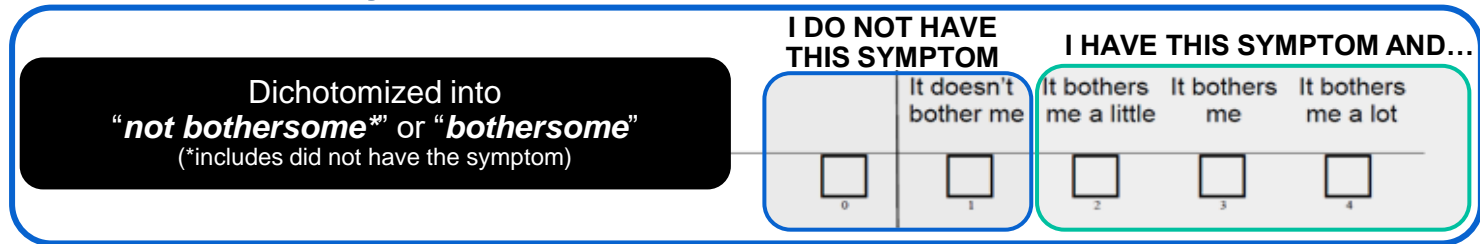
## Advantage(s)

- Higher barrier to resistance than EVG or RAL
- Coformulated with TXF/XTC
- No food requirement
- Minimal CYP3A4 interactions
- Favorable lipid profile

## Disadvantage(s)

- Oral absorption of DTG can be reduced by simultaneous administration with drugs containing **polyvalent cations** (e.g., Al-, Ca-, or Mg-containing antacids or supplements or multivitamin tablets with minerals)
- **Inhibits renal tubular secretion of Cr** and can **increase serum Cr** without affecting glomerular function
- **UGT1A1 substrate**; potential for drug–drug interactions
- **Depression and suicidal ideation** (rare; usually in patients with preexisting psychiatric conditions)
- **Weight gain**
- DTG exposure during conception may be associated with a small risk of **NTDs** in the infant compared with non-DTG ARV drugs (1.9 per 1000 vs 1.1 per 1000), that was not statistically significant

# Patient-reported Outcomes: HIV Symptom Index Tool and Analysis



Nausea/Vomiting	Loss of appetite	Diarrhea	Bloating
Nervous/Anxious	Sad/Down/Depressed	Fatigue	Dizzy/Lightheaded
Trouble remembering	Headache	Fevers/Chills	Difficulty sleeping
Pain in hands/feet	Skin problems	Cough	Muscle aches
Sex problems	Weight gain	Weight loss	Hair loss

- Treatment differences assessed at Week 4, 12, and 48:
  - Logistic regression models adjusting for:
    - Age, sex, race, baseline HIV Symptom Index score, VACS Index, history of serious mental illness, baseline SF36 physical and mental scores, and years since diagnosis (for Study 1844 only)
  - Longitudinal modeling of prevalence of bothersome symptoms over time
    - Generalized mixed models including treatment, time, time-by-treatment interaction, and the covariates above

# Patient-Reported Outcomes: HIV Symptom Index on B/F/TAF vs DTG/ABC/3TC\*

Favors  
B/F/TAF

No differences  
between arms

Favors  
DTG/ABC/3TC\*\*

	Study 1489 Treatment-naïve	Study 1844 Virologically suppressed
Nausea/vomiting	Favors B/F/TAF	Favors B/F/TAF
Loss of appetite	Favors B/F/TAF	Favors B/F/TAF
Difficulty sleeping	Favors B/F/TAF	Favors B/F/TAF
Fatigue/loss of energy	Favors B/F/TAF	
Dizzy/lightheadedness	Favors B/F/TAF	Favors B/F/TAF
Sad/down/depressed		Favors B/F/TAF
Nervous/anxious		Favors B/F/TAF

\*Statistically significant (P <0.05) favoring B/F/TAF group over DTG/ABC/3TC group (at ≥2 time points in adjusted logistic regression model, or at 1 time point in adjusted logistic regression model and in longitudinal model)

\*\*No symptom favored DTG/ABC/3TC.

**In these double-blind studies in ART-naïve and virologically suppressed adults, B/F/TAF was associated with a significantly lower bothersome symptoms than DTG/ABC/3TC**

# Outline



Short- and long-term data of BIC/FTC/TAF

# BIC-NOW: Rapid Start with B/F/TAF in ART-naïve PLWH (Phase IV, Prospective, Open-label Study)



N = 160

ART-naïve PLWH initiating B/F/TAF as part of a rapid start strategy

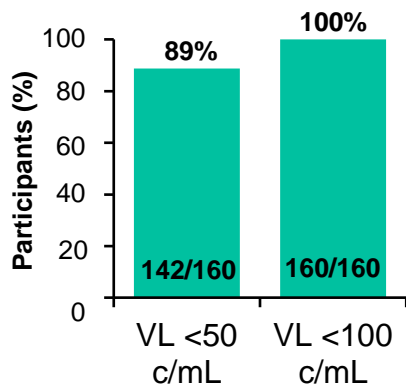
## Outcomes at 24 weeks

Virologic suppression (HIV-1 RNA <50 c/mL or HIV-1 RNA <100 c/mL); B/F/TAF discontinuation; missed doses; safety and tolerability; laboratory parameters; BMI; weight



Dec 2020–  
Jun 2022

## Efficacy and Safety/Tolerability at Week 24



HIV-1 RNA at Week 24 (ITT)

Persistence at  
Week 24: **100%**

Missed doses at  
Week 24: **0%**

Grade 3 or 4 AEs at  
Week 24: **0%**

## Changes in Laboratory Parameters and Body Mass at Week 24\*

Parameter	Baseline	24 weeks
CD4, cells/ $\mu$ L, mean (SD)	393 (247)	599 (NR)
CD4/CD8 ratio, mean (SD)	0.4 (0.3)	3.8 (1.1)
Creatinine clearance, mL/h, mean (SD)	110 (15)	102 (21)
Total cholesterol, mg/dL, mean (SD)	159 (38)	169 (38)
HDL cholesterol, mg/dL, mean (SD)	41 (10)	47 (10)
LDL cholesterol, mg/dL, mean (SD)	106 (54)	110 (32)
TC/HDL ratio, mean (SD)	4.7 (1.3)	3.8 (1.1)
Triglycerides, mg/dL, mean (SD)	106 (50)	108 (58)
Weight, kg, median (IQR)	74 (66, 83)	76 (68, 87)
BMI, kg/m <sup>2</sup> , median (IQR)	24 (22, 26)	25 (23, 27)
Abdominal circumference, cm, median (IQR)	85 (78, 94)	90 (81, 95)

**B/F/TAF was associated with reduction in HIV-1 RNA, expected changes in laboratory parameters, and was generally well tolerated among PLWH rapidly starting treatment**



# OPERA: Discontinuation and Virologic Failure Rates with B/F/TAF vs DTG-based Regimen



N = 3810

Treatment-naïve PLWH in US

**B/F/TAF (n = 3114)**

**DTG/3TC (n = 360)**

**DTG-based 3DR (n = 336)**

**Outcome:** Discontinuation (switch to another regimen or prescription gap >45 days) and virologic failure (2 consecutive HIV RNA >200 c/mL after 24 weeks on regimen)

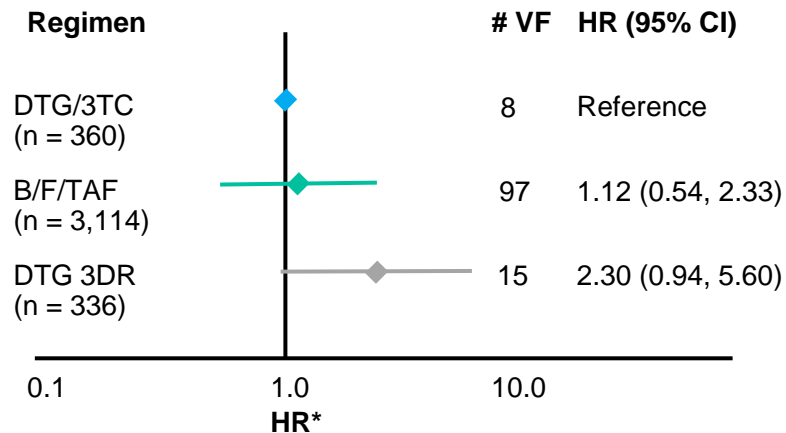


May 2019–  
Apr 2021

## Duration of Follow-up and Regimen Discontinuation

	<b>B/F/TAF (n = 3114)</b>	<b>DTG/3TC (n = 360)</b>	<b>DTG 3DR (n = 336)</b>
Follow-up, months, median (IQR)	15.8 (11.0, 23.2)	15.0 (8.9, 21.5)	14.6 (9.9, 22.9)
Regimen discontinuation N (%)	370 ( <b>12</b> )	69 ( <b>19</b> )	121 ( <b>36</b> )
IR per 100 person-years (95% CI)	<b>8.5</b> (7.7, 9.4)	<b>14.9</b> (11.8, 18.9)	<b>27.9</b> (23.4, 33.4)
Type of discontinuation (%)			
Switch to another regimen <sup>‡</sup>	38	75	56
Prescription gap >45 days	62	25	44
Resumed index regimen	32	35	23

## Association\* Between Regimen and Confirmed VF<sup>†</sup>



\*Marginal structural model with inverse probability of treatment weights controlled for baseline age (quadratic), female, black race, Hispanic ethnicity, Southern U.S., log<sub>10</sub> HIV RNA, comorbidities; <sup>†</sup>defined as 2 consecutive HIV RNA >200 c/mL at 24 weeks; <sup>‡</sup> data on regimen to which PLWH were switched were not available.

# 5-year Outcomes of B/F/TAF in Treatment-naïve Adults with High Baseline HIV RNA and/or Low CD4 Count

N = 634

ART-naïve PLWH with no known resistance to FTC, TFV, ABC, or 3TC  
HIV RNA  $\geq 500$  c/mL

**Outcome** Pooled safety and efficacy through W240 in participants initially randomized to B/F/TAF, stratified by baseline HIV RNA and CD4 cell count

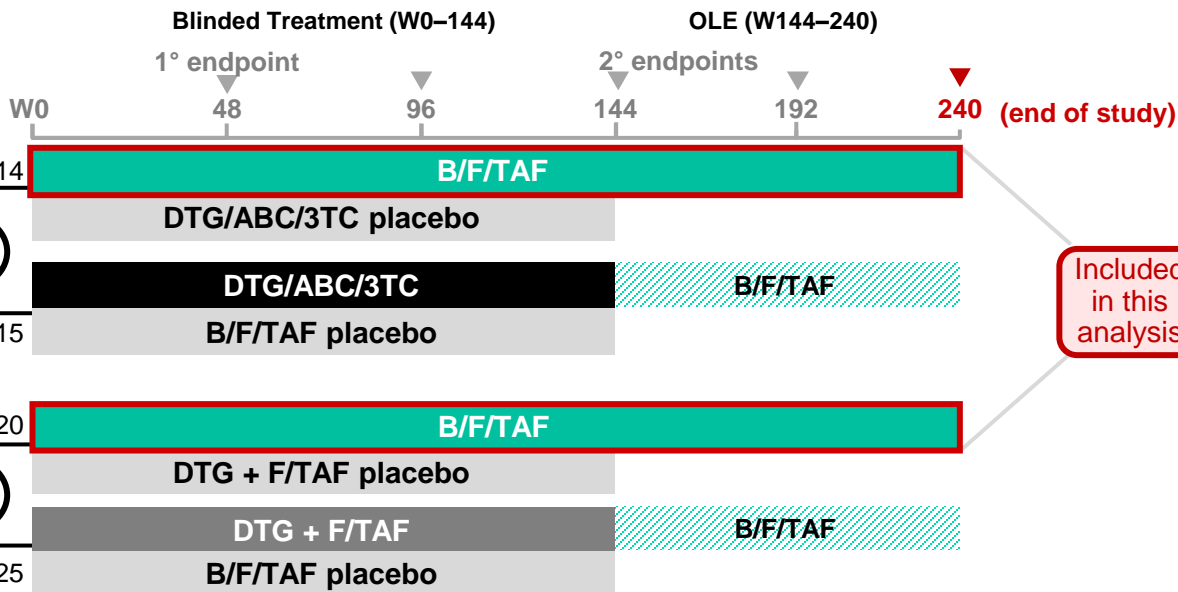
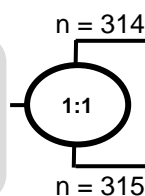
Baseline–W240

## Study Designs



### Study 1489

- HLA-B\*5701 negative
- Negative for chronic HBV
- eGFR<sub>CG</sub>  $\geq 50$  mL/min

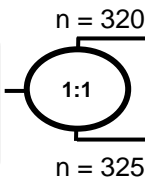


Included in this analysis

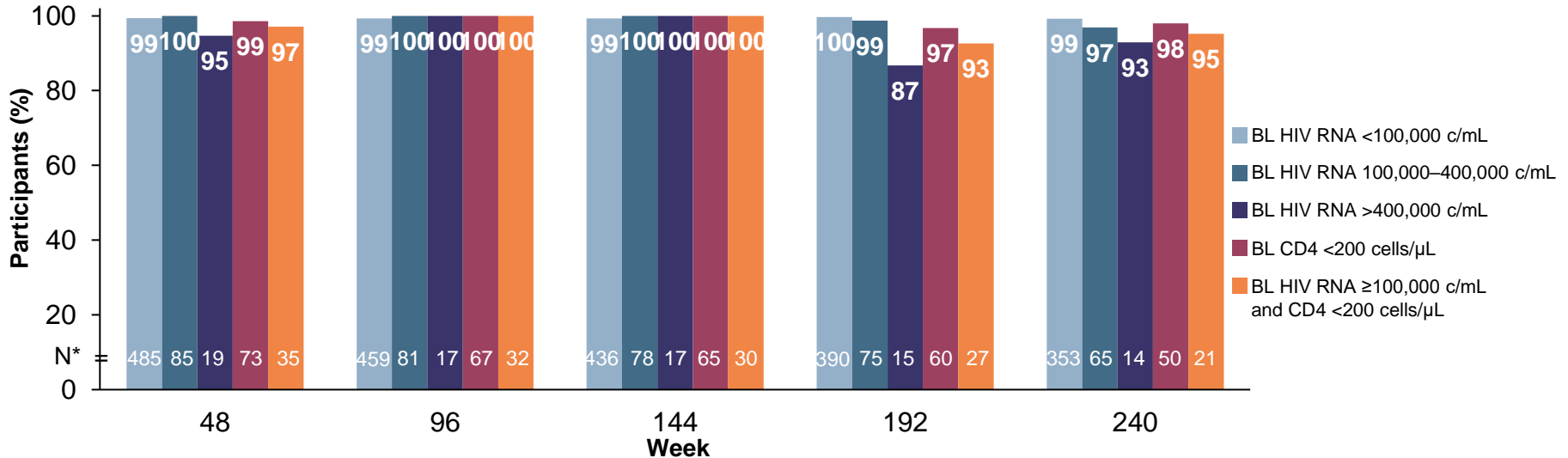


### Study 1490

- Chronic HBV or HCV infection allowed
- eGFR<sub>CG</sub>  $\geq 30$  mL/min



# Virologic Outcomes by Baseline HIV RNA and CD4 Through Week 240: HIV RNA <50 c/mL



By Week 8, 16/20 participants with baseline HIV RNA >400,000 c/mL achieved HIV RNA <200 c/mL

**High rates of virologic suppression with B/F/TAF were maintained through Week 240, regardless of baseline HIV RNA and CD4 count**

\*Participants with non-missing HIV-1 RNA value. BL= baseline; M = E = missing = excluded  
 Ramgopal M, et al. IDWeek 2022 (poster 1251). Sax PE, et al. Lancet 2023;59:101991.

# Safety Through Week 240

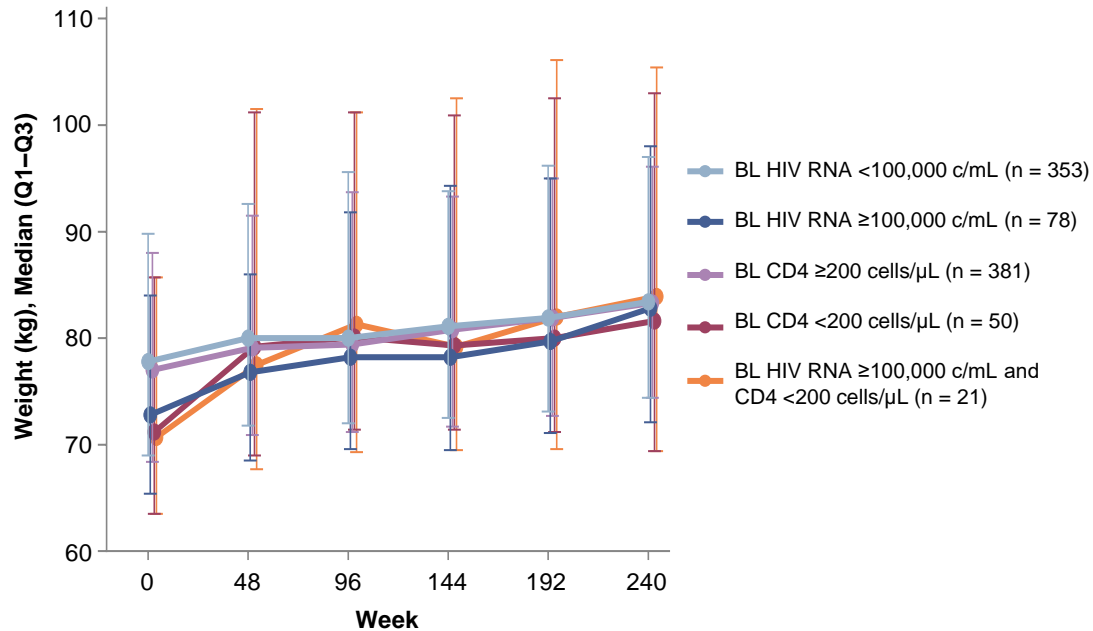
Participants, %	HIV RNA <100,000 c/mL (n = 515)	HIV RNA 100,000– 400,000 c/mL (n = 99)	HIV RNA >400,000 c/mL (n = 20)	CD4 <200 cells/μL (n = 80)	HIV RNA ≥100,000 c/mL and CD4 <200 cells/μL (n = 39)
Any study drug-related AE	28	30	20	25	21
Drug-related AE ≥2% overall					
Headache	4	7	10	8	10
Diarrhea	4	7	10	6	8
Nausea	5	4	0	4	3
Fatigue	3	4	0	3	3
Dizziness	2	3	5	0	0
Insomnia	2	1	0	3	3
Study drug-related SAE	1	0	0	0	0
AEs leading to premature D/C	2	1	0	3	0

5 cases of IRIS were reported\*; all occurred within the first 48 weeks and resolved without interruption of B/F/TAF treatment

\*4 cases were associated with HBV, psoriasis, night sweats or *Mycobacterium avium* complex; 1 case had unknown cause

**B/F/TAF was generally well tolerated, with few discontinuations due to AEs through 240 weeks, regardless of baseline HIV RNA and CD4 count**

# Actual Weight Over 240 Weeks\*



**Greater median weight changes in the first year for participants with advanced disease, consistent with a “return to health” phenomenon<sup>2</sup>**



**At Week 48, participants with:**

- Baseline CD4 <200 cells/μL experienced greater weight change than those with CD4 ≥200 (8.3 vs 2.7 kg;  $P < 0.001$ )
- Baseline HIV RNA ≥100,000 c/mL experienced greater weight change than those with HIV RNA <100,000 (4.1 vs 3.0 kg;  $P < 0.05$ )

**Subgroups with various baseline HIV RNA and CD4 had comparable median actual weights at Week 240**

\*Includes participants with weight data at BL and Week 240

# Outline



Data on switching to BIC/FTC/TAF

# Switching from DTG-based Regimens to B/F/TAF



ART-naïve PLWH with no known resistance to FTC, TFV, ABC, or 3TC; HIV RNA  $\geq 500$  c/mL

**Outcome** 96-week outcomes on B/F/TAF in an OLE that followed 144 weeks of blinded DTG-based treatment in 2 Phase 3 studies of treatment-naïve PLWH



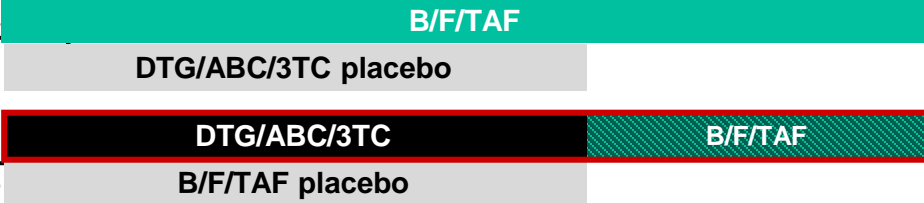
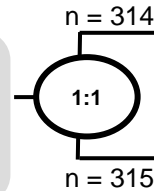
Baseline–W240

## Study Designs



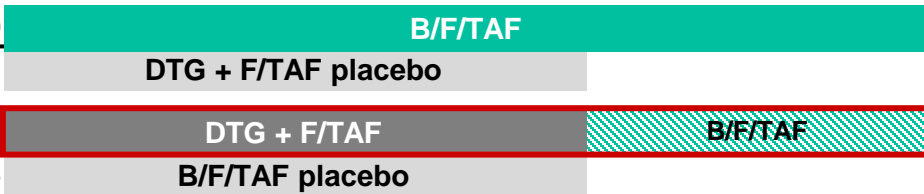
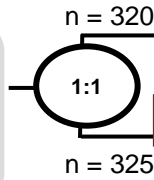
### Study 1489

- HLA-B\*5701 negative
- Negative for chronic HBV
- eGFR<sub>CG</sub>  $\geq 50$  mL/min



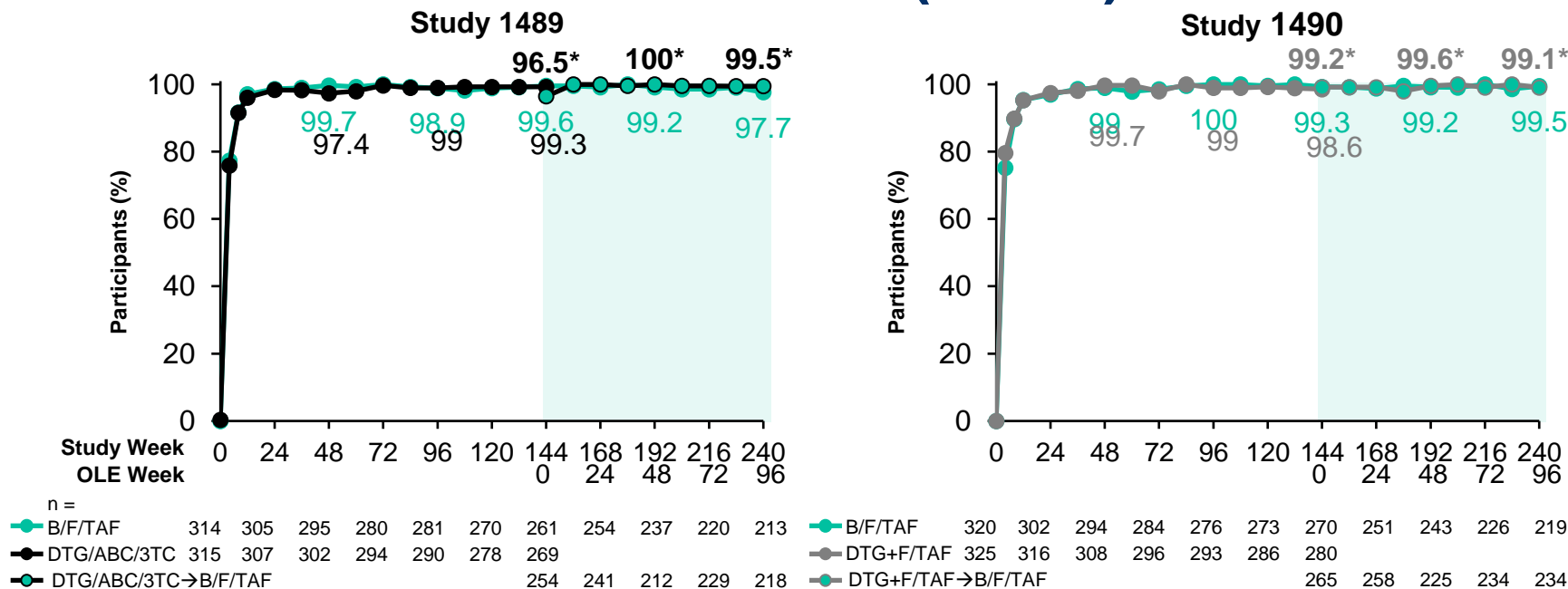
### Study 1490

- Chronic HBV or HCV infection allowed
- eGFR<sub>CG</sub>  $\geq 30$  mL/min



Included in this analysis

# Virologic Outcomes Through Week 240 and OLE Week 96: HIV RNA <50 c/mL (M = E)



**High rates of virologic suppression were maintained after switching to B/F/TAF through Week 240 (OLE Week 96)**

\*M = E data for participants who switched from DTG-based regimens to B/F/TAF.



# Virologic Resistance During OLE: Week 144–240

Participants, n	Study 1489 DTG/ABC/3TC→B/F/TAF (n = 254)	Study 1490 DTG + F/TAF→B/F/TAF (n = 265)
Met criteria for resistance testing*	3	1
NRTI resistance detected	0	0
INSTI resistance detected	0	0



**2 participants on blinded DTG/ABC/3TC had HIV RNA  $\geq 200$  c/mL at time of switch, both of whom were later found to have the M184V mutation and resuppressed on open-label B/F/TAF**

**No cases of treatment-emergent resistance to any of the components of B/F/TAF after 96 weeks in the OLE (Study Week 240)**

\*Final resistance analysis population; resistance testing performed for participants with confirmed HIV RNA  $\geq 200$  c/mL or  $\geq 200$  c/mL at last visit, with no resuppression of HIV RNA to  $< 50$  c/mL while on study drug.

# AEs and Laboratory Abnormalities: OLE Week 144 to Week 240

N (unless specified)	Study 1489 DTG/ABC/3TC→ B/F/TAF (n = 254)	Study 1490 DTG + F/TAF→ B/F/TAF (n = 265)
<b>AEs</b>		
Any study drug-related AEs	5%	3%
AEs leading to discontinuation	2*	0
Death	2	3
<b>Laboratory abnormalities</b>		
Any Grade 3 or 4 laboratory abnormality	13%	16%
Increased amylase <sup>†</sup>	2%	2%
Non-fasting hyperglycemia	1%	3%
Increased fasting low-density lipoprotein	1%	3%
Glycosuria <sup>‡</sup>	1%	3%

## Study Drug-related Nausea and Diarrhea

Prevalence declined after switching to B/F/TAF in the OLE

- Nausea (3.7% [Study 1489], 0.7% [1490] to 0%)
- Diarrhea (0.4% [Study 1489], 1.1% [1490] to 0%)

## Renal Safety

- 0 cases of proximal renal tubulopathy
- 0 discontinuations due to renal AEs



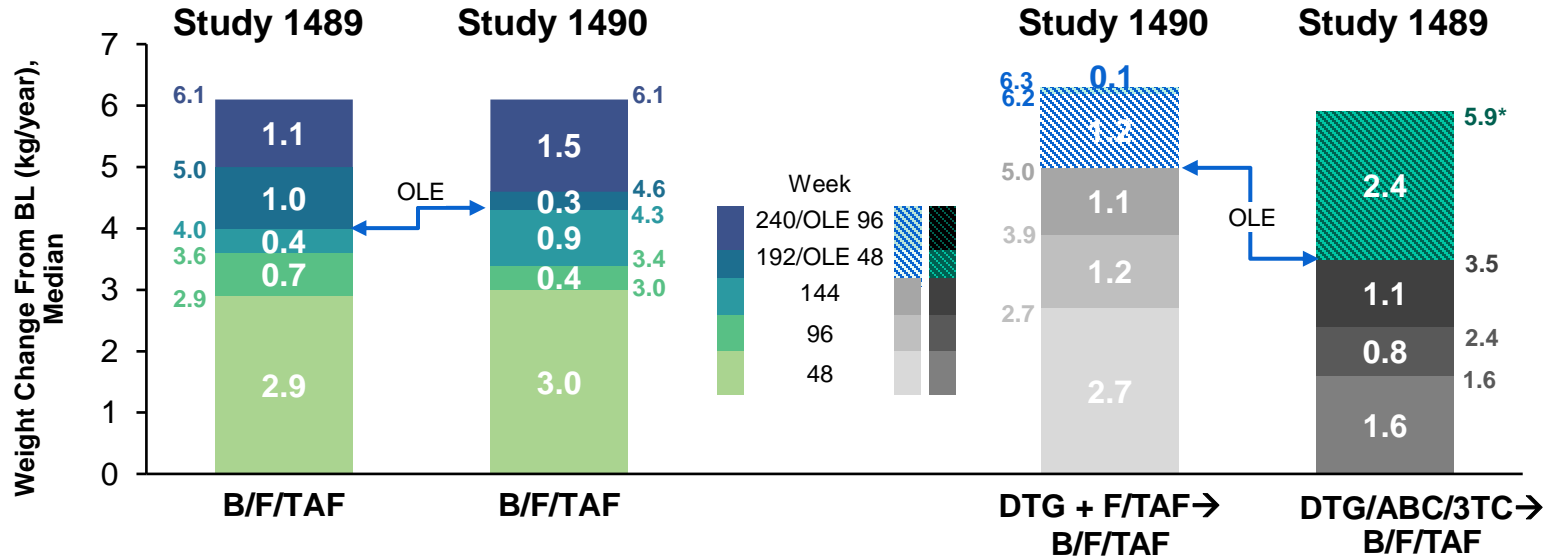
## Fasting Lipid Changes

- Small changes in lipid fractions
- Initiated lipid-lowering therapy after switch:
  - Study 1489: 2%; Study 1490: 5%



\*Participant 1: Died due to seizure unrelated to study drug on OLE Day 335/Study Week 192; Participant 2: Weight increase attributed to study drug during blinded-phase Day 29, D/C on OLE Day 506/Study Week 228; <sup>†</sup>No clinical symptoms of pancreatitis; <sup>‡</sup>No cases of glycosuria occurred in participants without diabetes or concomitant hyperglycemia

# Annual Median Weight Change, BL Through Week 240

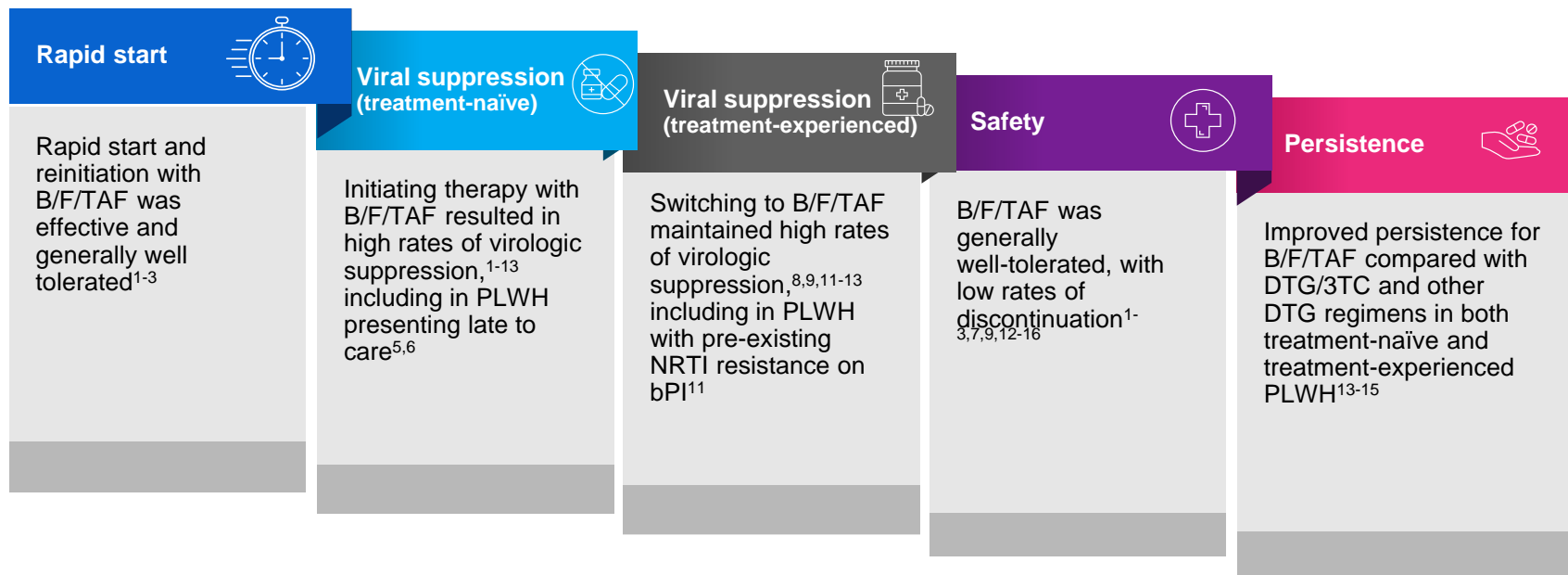


**Similar cumulative weight changes at Year 5 for all groups.**

**Greater weight changes in those who switched from DTG/ABC/3TC vs DTG + F/TAF, consistent with the loss of the weight-suppressive effect of ABC noted in Year 1.**

\*Median cumulative change at Week 192 (no change from Week 192 to 240).

# B/F/TAF: Data from 16 Studies in ~27,000 PLWH



1. Dai L, et al. HIV Glasgow 2022 (oral O24).
2. Hidalgo Tenorio C, et al. HIV Glasgow 2022 (poster P058).
3. Roden L, et al. IDWeek 2022 (poster 1466).
4. Trottier B, et al. HIV Glasgow 2022 (poster P067).
5. Tavelli A, et al. HIV Glasgow 2022 (poster P060).
6. Pérez-Valero I, et al. HIV Glasgow 2022 (poster P052).
7. Nasreddine R, et al. HIV Med 2023 Apr 10.
8. D'Arminio Monforte A, et al. HIV Glasgow 2022 (poster P098).
9. Leleux O, et al. HIV Glasgow 2022 (poster P097).
10. Marcelin A-G, et al. HIV Glasgow 2022 (poster P225).
11. Iwuji C, et al. HIV Glasgow 2022 (poster P089).
12. Kwakwa H, et al. IDWeek 2022 (poster 1268).
13. Pierone G, et al. IDWeek 2022 (poster 1284 and rapid-fire poster 2255).
14. Pierone G Jr, et al. HIV Glasgow 2022 (poster P057).
15. Chastek B, et al. HIV Glasgow 2022 (poster P103).
16. Havens JP, et al. IDWeek 2022 (poster 1258).

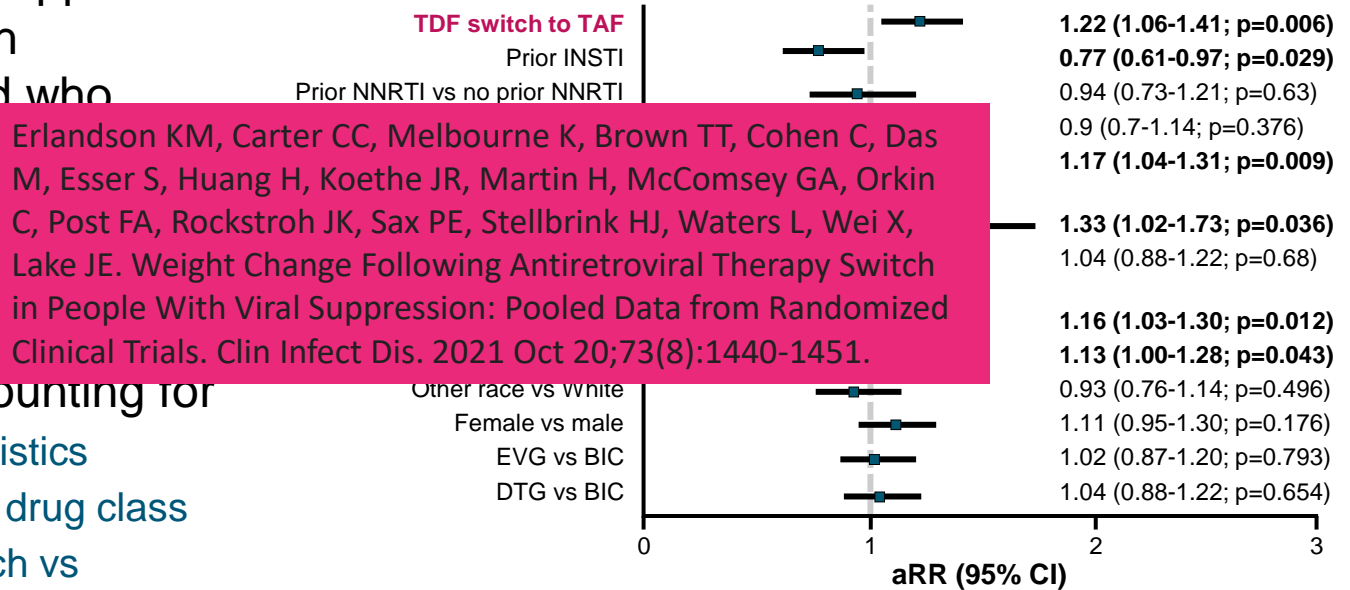


Thank You  
for Your  
Attention

# Weight Gain After Switching INSTIs

- Retrospective analysis
- Adults with viral suppression at BL and through 12-months period who switched to new INSTI
- No differences across different INSTIs in weight gain or 10% after accounting for
  - Patient characteristics
  - Prior and current drug class
  - TDF-to-TAF switch vs no TDF-to-TAF switch

Variables Associated With Risk of Weight Gain  $\geq 3\%$ \* at 12 Month



\* $\geq 5\%$  weight gain associated with: female sex (aRR 1.3; 95% CI: 1.1-1.6), black race (aRR 1.2; 95% CI 1.0-1.4), BL BMI underweight/normal (aRR 1.4; 95% CI 1.2-1.6), TDF-to-TAF switch (aRR 1.3; 95% CI 1.1-1.6)

\* $\geq 10\%$  weight gain associated with: female sex (aRR 2.2; 95% CI 1.5-3.2), BL BMI underweight/normal (aRR 2.3; 95% CI 1.7-3.1), prior non-INSTI regimen (aRR 2.2; 95% CI 4.1-1.2), TDF-to-TAF switch (aRR 1.66; 95% CI 1.1-2.4)

# Take-home Points

- INSTIs-based regimens, especially BIC and DTG, are recommended for initial ART
- INSTIs are generally well tolerated, but emerging data of weight gain is reported
- As a class, oral absorption can be impaired if taken with divalent or trivalent cations
  - Infrequently cause metabolism-related DDIs
- Multiple switch strategies to enhance adherence, tolerability and/or decrease toxicity that have demonstrated maintained virologic efficacy
- BIC/FTC/TAF is an option for switching with favorable reasons
  - Resulted in high levels of virologic suppression regardless of preexisting resistance and viral blips

# INSTI vs Boosted PIs as First-line ART: Current Role of Boosted PIs

## Settings where boosted PI regimens might be considered<sup>1</sup>

- If starting ART before availability of resistance data
- If high risk for poor adherence

## Challenges with boosted PI use

- Drug–drug interactions<sup>2,3</sup>
- GI intolerance<sup>2,3</sup>
- Hyperlipidemia<sup>3</sup>
- CV risk with some PIs<sup>4</sup>

1. DHHS. [clinicalinfo.hiv.gov/en/guidelines/adult-and-adolescent-arv/whats-new-guidelines](https://clinicalinfo.hiv.gov/en/guidelines/adult-and-adolescent-arv/whats-new-guidelines). September 2022.

2. ATV PI. 3. DRV/COBI/FTC/TAF PI. 4. Worm. J Infect Dis. 2010;201:318.



# NNRTIs vs INSTIs as First-line ART: Possible Role of NNRTIs Today

## Possible role for NNRTIs<sup>1</sup>

- Patient experiencing AE(s) with INSTIs
- If patient is experiencing weight gain with INSTIs<sup>2</sup>

## Challenges with NNRTI use

- Low barrier to resistance at VF with EFV, RPV<sup>3,4</sup>
- Neuropsychiatric AEs with EFV<sup>3</sup>
- Higher rates of VF in RPV patients<sup>5</sup> with HIV-1 RNA >100,000 copies/mL and CD4+ cell counts <200 cells/mm<sup>3</sup>
- RPV must be taken with a meal<sup>4</sup>
- Fixed-dose combination with DOR includes TDF not TAF<sup>6</sup>
- Lipid increases with EFV<sup>3</sup>
- Drug-drug interactions with EFV, RPV<sup>3,4</sup>

1. DHHS. [clinicalinfo.hiv.gov/en/guidelines/adult-and-adolescent-arv/whats-new-guidelines](https://clinicalinfo.hiv.gov/en/guidelines/adult-and-adolescent-arv/whats-new-guidelines). September 2022.

2. McCann. EACS 2019. Abstr PS3/3. 3. EFV PI. 4. RPV PI. 5 Cohen. AIDS. 2014;28:989. 6. DOR/TDF PI.

# The Role of TDF and TAF in Today's First-line Regimens

## Supporting TDF

- Longer experience with greater number of patients with TDF vs TAF
- Coformulations with many regimens
- Lipid decreases of uncertain clinical significance seen with use of TDF regimens
- Weight gain signal with TAF<sup>1,2</sup>
- Available as generic NRTI combinations with 3TC and FTC

## Supporting TAF

- At Wk 144, TAF superior to TDF<sup>3</sup>
  - At Wk 48, TAF also superior to TDF for HBV DNA <29 IU/mL in patients with HIV/HBV coinfection<sup>4</sup>
- Less impact than TDF on bone mineral density (comparable to ABC)<sup>5</sup>
- Less impact on markers of renal tubular dysfunction
- Low dose allows small tablet (co)formulations

1. NAMSAL ANRS 12313 Study Group. NEJM;2019;381:816. 2. McCann. EACS 2019. Abstr PS3/3. 3. Arribas. JAIDS. 2017;75:211.

4. Sax. Lancet. 2015;385:2606. 5. Avihingsanon. AIDS 2022. Abstr OALBX0105.

# Key Take-home Points

- All preferred initial regimens contain an unboosted INSTI plus NRTIs
  - DTG and BIC have high barrier to resistance
  - FTC/TAF has improved safety, tolerability vs FTC/TDF and ABC/3TC, but appears to be associated with greater weight gain
  - DTG/3TC now recommended alongside 3-drug ART options
- Potential AEs with INSTIs include weight gain, CNS AEs, and possible small potential risk to newborn if taken at the time of conception
- Several single-tablet regimens available, now representing all ARV drug classes

## Tivicay SmPC (Dolutegravir)

<i>Antidiabetics</i>		
Metformin	<p>Metformin ↑</p> <p>When co-administered with dolutegravir 50mg once daily:</p> <p>Metformin AUC ↑ 79% C<sub>max</sub> ↑ 66%</p> <p>When co-administered with dolutegravir 50mg twice daily:</p> <p>Metformin AUC ↑ 145 % C<sub>max</sub> ↑ 111%</p>	<p>A dose adjustment of metformin should be considered when starting and stopping coadministration of dolutegravir with metformin, to maintain glycaemic control. In patients with moderate renal impairment a dose adjustment of metformin should be considered when coadministered with dolutegravir, because of the increased risk for lactic acidosis in patients with moderate renal impairment due to increased metformin concentration (section 4.4).</p>
<i>Antimycobacterials</i>		
Rifampicin	<p>Dolutegravir ↓</p> <p>AUC ↓ 54% C<sub>max</sub> ↓ 43% C<sub>t</sub> ↓ 72%</p> <p>(induction of UGT1A1 and CYP3A enzymes)</p>	<p>The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with rifampicin in the absence of integrase class resistance. In paediatric patients the weight-based once daily dose should be administered twice daily.</p> <p>In the presence of integrase class resistance this combination should be avoided (see section 4.4).</p>

## BIKTARVY SmPC (B/F/TAF)

<b>Anticonvulsants:</b> carbamazepine <sup>c</sup> oxcarbazepine phenobarbital phenytoin	↓ BIC ↓ TAF	Coadministration with alternative anticonvulsants should be considered.
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## Tivicay SmPC (Dolutegravir)

<i>Anticonvulsants</i>		<i>Concomitant use</i>
Carbamazepine	Dolutegravir ↓ AUC ↓ 49% C <sub>max</sub> ↓ 33% C <sub>t</sub> ↓ 73%	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with carbamazepine. In paediatric patients the weight-based once daily dose should be administered twice daily. Alternatives to carbamazepine should be used where possible for INI resistant patients.
Oxcarbazepine Phenytoin Phenobarbital	Dolutegravir ↓ (Not studied, decrease expected due to induction of UGT1A1 and CYP3A enzymes, a similar reduction in exposure as observed with carbamazepine is expected)	The recommended adult dose of dolutegravir is 50 mg twice daily when co-administered with these metabolic inducers. In paediatric patients the weight-based once daily dose should be administered twice daily. Alternative combinations that do not include these metabolic inducers should be used where possible in INI-resistant patients.

# B/F/TAF-Co-administration With Cations

